

IMPORTANT MEDICATION INSTRUCTIONS

If you have a history of coronary artery disease and if you have had stents, angioplasty, PTCA, or bypass surgery, continue to take your medicine on your regular schedule even if your medicines are listed on this sheet unless your physician specifically instructed you otherwise. For medications you take in the morning, be sure to take them at least two hours before your test. (Sometimes there are exceptions in which case your physician will have advised you to take some of your medications. If that is the case, bring your medications with you and you can take them after the test.) **If your physician has not given you specific instructions, continue to take your medications on your regular schedule—even if listed below—if you have a history of coronary artery disease and if you have had stents, angioplasty, PTCA, or bypass surgery.**

If you do not have a history of stents, PTCA, or bypass surgery, look carefully at the medications listed below. If you are on any of the medications listed, **DO NOT take them the day before and day of your test.**

**Aminophylline/
Theophylline
Containing Products:**

Aminophylline
Brethine
Combivent
Proventil
Serevent
Theo-24
Theobid
Theophylline
Ventolin

Nitrates:

Dilatrate/Peritrate
Imdur
Ismo
Isordil
Isosobide
Isotrate
Monoket

Calcium Blockers:

Adalat (Nifedipine)
Calan (Verapamil)
Cardizem (Diltiazem)
Cardene (Niacardipine)
Covera (Verapamil)
Dilacor (Diltiazem)
Dynacirc (Isradipine)
Isoptin (Verapamil)
Lotrel
Nimotop (Nimodipine)
Norvasc (Amiodipine)
Plendil (Felodipine)
Procardia (Nifedipine)
Sular (Nisoldipine)
Tiazac (Verapamil)
Vascor (Bepridil)
Verelan (Verapamil)

Beta-Blockers (long-acting)

Blockadren (Timolol)
Bystolic (Nebivolol)
Cartrol (Carteolol)
Coreg (Carvedilol)
Corgard (Nadolol)
Corzide
Inderal (Propranolol)
Inderide
Kerlone (Betaxolol)
Labetalol (Normodyne, Trandate)
Lopressor (Metopropol)
Sectral (Acebutolol)
Sectral (Acebutolol)
Tenoretic
Tenormin (Atenolol)
Toprol (Metoprolol)
Visken (Pindolol)
Zebeta (Bisoprolol)
Ziac

Clonidine, Catapres, Kapvey, Betapace (Sotalol), Nexiclon: DO NOT stop taking Clonidine, Catapres, Kapvey, Betapace (Sotalol) and Nexiclon. Continue to take these even the morning of your test.

For all patients:

Nitroglycerin Patches should be removed the night before.

Reminder: Bring your medications with you the day of the test.

All other medicines NOT on this list may be taken as usual. For example, you may take thyroid medication, pain medicine, Coumadin, Plavix—any medications *not* listed on this handout.

Please read instructions on the other side of this sheet regarding eating, etc.